

Joe's Low Fat Amish Chicken Schnitzel





Instructions

1. Roll chicken in Andy's Chicken Seasoning – Mild. Dip seasoned chicken in egg. Roll chicken in bread crumbs.
2. Heat oil in medium-size saucepan over medium-high heat. Sauté chicken in hot oil until brown.
3. Allow to cool then serve with rice pilaf and steamed vegetables for a light low-fat Chicken Schnitzel.

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