

Spicy Italian Sausage Sheet Pan Dinner





Instructions

1. Preheat oven to 425°F and line a large baking sheet with parchment paper.
2. Toss the sausage pieces and vegetables with olive oil, garlic powder, Italian seasoning, salt, and pepper.
3. Spread everything out on the baking sheet in a single layer.
4. Bake for 25–30 minutes, flipping halfway through, until the sausage is cooked and the vegetables are golden and tender.
5. Garnish with fresh parsley and serve warm.

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