

# Oven-Roasted Carolina Chicken Half















# Instructions

1. Preheat oven to 375°F.
2. Rub chicken lightly with olive oil and place on a baking sheet.
3. Sprinkle with salt, pepper, and fresh herbs if using.
4. Roast for 40–45 minutes or until internal temperature reaches 165°F.
5. Let rest 5–10 minutes before serving.

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