

Sticky BBQ Chicken Drumsticks





Instructions

1. Preheat oven to 400°F.
2. Pat drumsticks dry and season with salt and pepper.
3. Heat olive oil in a skillet and brown drumsticks on all sides (about 5–6 minutes total).
4. Transfer to a baking dish and brush generously with BBQ sauce.
5. Bake for 25–30 minutes, basting halfway through, until internal temp reaches 165°F.

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