Braised Lamb Shanks with Red Wine and Rosemary





## Instructions

- 1. Preheat oven to 325°F.
- 2. Season shanks with salt and pepper. Brown on all sides in a Dutch oven with olive oil. Remove and set aside.
- 3. Add onion, carrots, and garlic to the pot and cook until softened.
- 4. Return shanks to the pot. Add wine, broth, rosemary, and bay leaves. Bring to a simmer.
- 5. Cover and braise in the oven for 2.5 to 3 hours, until tender.
- 6. Serve with mashed potatoes or polenta.

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